THIRUTHANGAL NADAR COLLEGE

27th ANNUAL SPORTS DAY REPORT 2023-24

Good morning to one and all, present here. It's a great pleasure to present the 27th Annual Sports report of Thiruthangal Nadar College for the academic Year 2023-2024.

To develop the overall personality to achieve excellence in any career, both Education & sport are highly essential. In academics,

one can learn logic lesson, whereas, in sports, one can learn life skills. This fact has been best understood and followed by our Management and Institution.

Our Management always encourages us to excel in sport activities. I take this opportunity to congratulate our boys and girls for their hard work, immense effort and dedication.

Now I am pleased to Announce our students achievements at the International level and National level

Our management is highly interested in encouraging and honouring outstanding sports student every year by presenting special awards.

- ✤ R. Yuvaraja of III Year BCA participated in Indo-Nepal International Championship and secured 1st Place in Athletics 1500 mts.
- K. Sanjay of III Year BCA participated in Indo-Nepal International Championship and secured 1st Place in Kabaddi.
- ✤ B. Ranjith Kumar of II Year BCA participated in Indo-Nepal International Championship and secured 2nd Place in Badminton.
- B. Prasana Kumar of I Year B.COM(BM) participated in Indo-Nepal International Championship and secured 1st Place in Basketball.

 D. Dhivya Dharshini of II Year BACPA participated in 34th Senior National fencing Championship and Secured 1st Place in Fencing. 31st Junior National fencing Championship and Secured 2st Place in Fencing 37th National fencing Association of India and Secured 3rd t Place in Fencing. All India fencing Championship.

- ✤ S. Boobalan of II BCOMCA participated in University of Madras South West zone Boxing Championship and secured 3rd Place in Boxing.
- S. Karan Karthikeyan of II Year BCA participated in National Due Ball Championship and secured 3rd Place in Due Ball.
- ✤ J. Ferick of III Year B.COM (CS) participated in NPC WORLDWIDE INDIA (Bodybuilding & Best Physique Championship) and secured 4th Place in Body Building.
- K. Aravindhan Kumar of II Year B.COM (G) participated in Tamil Nadu State level Body Building Championship 2023 and secured 2nd Place in Body Building.
- U. Madavan of III Year B.COM (BM) participated in Tamil Nadu State (SAIBA & SAI FITNESS) Open Body Building & Physique Championship and secured 2nd Place in Body Building.
- B. Nandha Kumar of I Year BCA participated in University of Madras Combine Zone Men (Basket Ball) Tournament and secured 3rd Place in Basket Ball.
- M. Kamesh of II Year M.COM, K. Deepak Kumar of III Year B.COM (CA),
 S. Gowtham of I Year B.COM (G) participated in University of Madras Combine Zone Men (Kho Kho) Tournament and secured 3rd Place in Kho Kho.
- S. Shanmuga Perumal of II Year B.COM (CS) participated in University of Madras Combine Zone Men (Table Tennis) Tournament and secured 3rd Place in (Table Tennis)
- S. MalarKodi of II Year B.COM (CS) participated in University of Madras Combine Zone Women (Ball Badminton) Tournament and secured 3rd Place in Ball Badminton.
- G. Sriram of III Year BACPA, S. Nithis of I Year BBA, A. Kamalesh of III Year B.COM (CA), B. Mugunthan of I BACPA, S. Santhosh of I Year BCA, M. Kannan of II Year BCOM (CS), S. Santhosh Raj of III BCA, G. Vimal Raj of III BCOM (G) participated in Cunnan & Seethamma Trophy State level Inter Collegiate Tournament (Basket Ball) and secured 2nd Place in Basket Ball.
- ✤ J. Manikandan of I Year BCOM (AF) participated in State Level (Ball Badminton) Tournament and secured 3rd Place in (Ball Badminton).
- A. Santha Kumar of II Year BCOM (CS) participated in State Level (Ball Badminton) Tournament and secured 3rd Place in (Ball Badminton).
- ✤ R. Bala of III Year BCOM (G) participated in Chennai District Powerlifting Association 2023 and Secured 1st Place in Powerlifting.

- ✤ S. Santhosh Kumar of II Year BCA participated in Chengalpattu District Level Silambam Competition 2023 and Secured 1st Place in Silambam.
- ✤ N. Keerthana of II Year BCOM (CS) participated in Thiruvallur District Carrom Tournament 2023 and Secured 3rd Place in Carrom.
- P. Kishore Kumar of III Year BCA participated in Chennai District Powerlifting Association (Powerlifting) Championship-2023 and secured 2nd Place in Powerlifting.
- S.Yuvaraj of II Year BACPA participated in Chennai District Powerlifting Association (Powerlifting) Championship-2023 and secured 3rd Place in Powerlifting.
- S.M.Amrith of III Year BCOM (G) participated in National Level Powerlifting & Sports Festival-23 and secured 2nd Place in Powerlifting.
- P. Surya kumar I Year BCA, E. Vikram II Year BCA, S. Yashwanth I Year BCA of participated in University of Madras B-Zone (Table Tennis) Tournament and secured 4th Place in Table Tennis.
- R.D Lingeshvaran III Year B.COMG, Bellam Konda Lakshman III Year B.COM (G), Pavan J.B II Year BBA, M. Manikandan I Year BCOM (CA), M. Sanjay Kumar III Year BCOMG, R. Aravind I Year BCOM (CA), R. Deepak Kumar I Year BCA, J. Krishnan I Year BCOMG, M. Sriram II Year BCOMG, S. Dhana Sekar II Year BCOM(G), R. Jyaneshwaran I Year BACPA, R. Baranesh I Year M.COM, P. Sivakumar I Year B.COM(G), S. Karthikeyan I Year BSC (SA) of participated in University of Madras B-Zone (Kho Kho) Tournament and secured 4th Place in Kho Kho.
- B. Vijaya Sree III Year BCOM (CA), S. Sowndarya II Year BBA, K.Sindhu II Year BCOM (CA) S.Sruthi Selvam II Year BSC (CS), K. Ezhilarasi II Year BCS (CS), M.Keerthana II Year BSC (SA), Y.Shalini I BCOM (G), B.Kavitha II Year BSC (CS), V. Loga Preethi III Year BCA, J.Mahalakshmi I Year BSC (CS), D.Ishwarya I Year BSC (CS) P. Sandhiya II Year BCOM (G), S. Sabitha II Year BCOM (G) of participated in Tamil Nadu State Level (Target Ball) Tournament (Men & Women) and secured 2nd Place in Target Ball.

- We have organized Yoga Day 21/06/23 in our college and invited Chief guest Master Aditiya Hebbar to the program.
- We organized Inter School Tournament (Chess, Carrom, Basketball, Volleyball for Boys & Girls (4/8/23 to 5/8/23) Totally 62 schools Participated.
- We organized National Sports day (25/08/2023) Seminar on "Nutrition and dietary guidelines for sports and events" Resource Person Dr. V.Subasshini (Assistant Professor & Dean of New age Sciences and Technology SDNB Vaishnav college For women chrompet Chennai)
- University of Madras B Zone Ball Badminton (Women) Tournament was held in (24/01/24) Campus this year.
- Also, University of Madras Inter-Zone Ball Badminton (Women) Tournament was held in (06/02/24) Campus this year. Chief Guest Dr. Mahadevan Director of Physical Education University of Madras.
- We organized the Intramural games under 12 disciplines for Men and Women. In Athletics 8 track and 5 field events, Body Building & Power Lifting 5 categories were conducted;
- Teaching and Non-teaching Staffs matches were conducted for Men and Women.
- R.YUVARAJA III-BCA and B.VIJAYA SRI III-BCOM (CA) were elected as Sports Secretaries. Our student's participated in games and won many prizes.

We hope that our students surely will bring success to the college in forth coming years. We all stand as proud members of the TNC family and hope for the continuous support and sincere wishes and blessings of our wellwishers and friends.

We are also indebted to the staff members for their valuable suggestions and guidance and for their outstanding support in making our dream come to reality.

It's a very special day and we are honored to have with us our Chief Guest Mr. A.CHANDRA SEKARAN Former Asst.Diector, Enforcement Directorate, Chennai. National Volley Ball Player, President Awardee. We are thankful for gracious presence and

Thiru M. Selva kumar .Vice President (Thiruthangal Nadar College) who has graced our day by being our special invitee. We are thankful for is gracious presence.

At this juncture, I would like to express my sincere thanks to our management secretary and correspondent, Thiru. A.NARAYANA MURTHY,

Our Principal Dr. S.DEVI, who is guiding us and supporting us in all ways,

All the Deans, Hod's, Department of Physical Education Mr.S.Karthikeyen, Mr.S.Raj Kumar and Gym Master M. Raja for their guidance and support. They were supported to inaugurate and commence any sports activity and they were a part of our journey at every step. We are grateful for their time and interest.

I also thank all teaching and Non-teaching staff, Sports, NSS, NCC, SDC, Cultural Student and all the invitees present here for their cooperation and contribution towards the making of our 27th Annual Sports day 2023-24 a grand success. The event came to an end with the national anthem. 600 students participated in the event.

Thank you one and all.

N.SATHYA BAVANI

DIRECTOR OF PHYSICAL EDUCATION.