


5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following (10)

1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Soft skills			
Career Guidance Programme on Developing Soft Skills and Current Trends in Corporate	21-07-2023	450	Mrs.Vidhya Lakshmi.K Designated Partner, V2E Technologies, Adyar
Silent Reading Revolution programme	28-07-2023	70	Dr K. C. Lalithambika Vice-Principal and Dean School of Language and Humanities
Inauguration of TNC Speak English Club	24-08-2023	105	Dr. L.R.S. Kalanithi, Associate Professor & Research Supervisor, Department of English Dean, School of Languages, Gurunanak College
Soft Skill training Programme	04-09-2023 to 08-09-2023	600	Mr. LG Abraham Linclon, HHH Organisation
Personality Development Programme	08-09-2023	2300	Gillette
“Soft Skill training” through Naan Mudhalvan	07-09-2023	500	Naan Mudhalvan Team
“Soft Skill training” through Titan Leap & Naandi Foundations	13-09-2023 to 22-09-2023	300	1. Ms.S.Abinaya – Soft Skill Trainer 2. Ms.V.Madhumathi – Soft Skill Trainer 3. Ms.A.Sophia Nancy – Soft Skill Trainer 4. Ms.R.Sadhana – Aptitude Trainer
Seminar on Growing Your Savings	25-09-2023	133	Mr. P. Sureshkumar, Vice-President, Marketing, AETRAM, Chennai
Training on Performing Art	09-02-2024	20	Mr. C. Karthikeyan, Department of Physical Education, Thiruthangal Nadar College
KVIC - Beautician and Bakery Products	04-09-2023 to 08-09-2023	96	Mr. M. S. Khanna & Mrs. M. S. Sangeetha - Executive Trainer KVIC
Soft Skill Training-NAANDI Foundation	18-12-2023 to 23-12-2023	320	1. Ms.N.Shaleni Priya– Soft Skill Trainer 2. Mr. J. Balaji– Soft Skill Trainer 3. Ms.S.Lakshmi– Soft Skill Trainer 4. Mr. S. Shankar– Aptitude Trainer 5. Ms. Swathika– Soft Skill Trainer
United Way of Chennai	05-01-2024 to 20-01-2024	507	Smt. Sivaranjani S, Smt. Tanuja S, Mr.Dinesh Kumar M, Smt. Aarthi M S, Smt. Anu Gandhi, Smt. Sunitha Ojha, Smt. Priya N, Smt.Shamitha D, Smt.Lakshmi S, Smt. Sowmiya M K
The Change Ministries	08-01-2024 to 11-01-2024	490	Naveen Jerico-Public Speaking, Mr.Victor Francis-Critical Thinking, Mr.Kuppusamy-Personality Development, Mrs.Akila-Interview Etiquette, Ms.Saranya-Problem Solving, Mr. Vijayan-Group Discussion
Language and communication skills			
Knowledge Enhancement Programme on Communication and Banking	31-07-2023	84	Thiru. M.K.Sridhar, Training Partner BFSI, Chennai

Workshop on Enhancing Communication Skills	31-07-2023 to 01-08-2023	45	Dr. Anvar Sadhath, Associate. Professor. of English, The New College Dr. U Thanesh, Associate Professor of English, RMV Vivekananda College, Chennai
Spoken English Classes	08-01-2024 to 02-02-2024	95	Department of English, Thiruthangal Nadar College
Language and Communication Skills Lab	10-07-2023 to 02-04-2024	All first and second year students	Communication Laboratory, Thiruthangal Nadar College
Life skills (Yoga, physical fitness, health and hygiene)			
The International Yoga Day	21-06-2023	75	Master Adithya Hebbar, yoga teacher and therapist
International Yoga Day	21-06-2023	100	Thiru. J. Srinivasan, assistant secretary of Thiruthangal Nadar College, and Vice-President Thiru. M. Selvakumar, Thiruthangal Nadar College
Foundation Yoda Day	10-07-2023 to 13-07-2023	222	Thiru. Karthikeyan K, International Sujok Association
Training Programme on Basic Life Support (BLS)	11-07-2023	62	Mr.Saravana Kumar and Thulasinadhan from Billion Hearts Beating Foundation, Apollo Hospital
The Fire Service Safety - Demo	18-07-2023	24	Mr. R. Suriya Prakash, Assistant District Officer, North Chennai Mr. Devarasan, Fire Department Officer
Menstrual Hygiene	27-07-2023	200	Mrs.Renuga Gowrishankar Thought Leader Million Minds
Private Security Management in the Industrial Establishments	01-08-2023	54	Dr. D. Ravichandran, Regional Manager, PRS in BOSCH Ltd, Chennai
Unfolding the Enfolded	18-08-2023	188	Ms. Narayani, Analyst, Corporate Trainer, ISSM Business School
Foundation Yoga on Simplified Kundalini Yoga	22-08-2023 to 25-08-2023	189	Thiruchelvi, Certified Trainer, IRATD
Silent Reading Revolution	01-09-2023	60	Thiruthangal Nadar College
A Free Eye Check-up Camp	09-10-2023	235	Dr.Niruala Challani president of JAIN group in association and M.N.Eye Hospital Tondiarpet.
Awareness Programme on Kavalan SOS App	13-09-2023	400	Mr.Jagan Anandhan Organizing Secretary Police Charity Forum Namakkal
Awareness Programme "Suicide prevention"	21-09-2023	253	Mrs.K.Saradhadevi , Head, Department of Social work
Awareness Program on De-Addiction (No Drugs)	05-10-2023	62	Anuvrath Samithi Foundtion
Eye Camp	11-10-2023 to 12-10-2023	537	Dr.Agarwals Eye Hospital, Tondiarpet.
The Fire Service Safety Demo	18-07-2023	30	Fire Department Officer Mr. Devarasan explained how to act during disaster management. Also Fire Department Officers Mr. Munusamy, Mr. Deiva Narayanan, Mr. Thangaraj
Feminine Hygiene and Personal Excellence	06-02-2024	250	Dr. Swathi Praveen, dentist, mental health counsellor, psychotherapist, soft skills trainer NIP, POSH, and POCSO
Training on Performing Art	09-02-2024	20	Mr. C. Karthikeyan, Department of Physical Education, Thiruthangal Nadar College
Silent Reading Revolution	15-02-2024	60	Thiruthangal Nadar College

Upholding Core Values Among Young Adults	21-02-2024	37	Dr.S.Mary Christiana Edith MBBS.,AFIH.,F.IAB, Flex India PVT LTD
Sustainable Agriculture	28-02-2024	16	Thirunillai Cholavaram Panchayat union
Cancer Awareness Programme	20-02-2024	95	Mrs. Angelin Prince, Director, The Candles [NGO]
ICT/computing skills			
Testing & Cyber Security	09-07-2023	144	Alumnus Mr. Kalaivanan and alumnae Mrs. Muthu selvi Thiuthangal Nadar College
Debugging Competition	19-07-2023	8	Thiuthangal Nadar College
National Conference on Machine Learning & Artificial Intelligence	04-08-2023	31	Dr. V. Uma Devi, Principal, New Prince Shri Bhavani Arts & Science College
Skill Development Programme on "Mobile Service"	09-08-2023	105	Thiru. Krishnakumar, Founder & CEO, New Technology
Skill Enhancement Programme on Digital Marketing	17-08-2023	110	Ms. Shobana, NIIT
Two Days Workshop on New Age Technologies	30-08-2023 to 31-08-2023	328	Ms.Sudha, Technical Head from CADD Centre


PRINCIPAL
 Principal
THIRUTHANGAL NADAR COLLEGE
SELAVAYAL, CHENNAI-600 051.