

Name of the Activity: State Level Adventure camp

Agency: Tamil Nadu State NSS

Year of the Activity: 2023

No. of students participated: 1

Thiruthangal Nadar College NSS Volunteer Participates in State-Level Adventure Camp. An NSS volunteer from Thiruthangal Nadar College, Mr. Raghul, participated in the State-Level Adventure Camp organized by the Tamil Nadu State NSS Community Service Program. The camp took place in Yercaud, Salem District, from October 16 to 20, 2023. During the camp, Mr. Raghul acquired valuable adventure skills, enhancing his overall experience. This opportunity fostered his personal growth, teamwork, and leadership abilities, aligning with the NSS mission to promote holistic development among volunteers.



Name of the Activity: Disaster management & NSS interaction

Agency: Tamil Nadu State NSS

Year of the Activity: 2023

No. of students participated: 2

Thiruthangal Nadar College NSS Volunteers Attend Disaster Management and NSS Interaction Programme. Two NSS volunteers from Thiruthangal Nadar College participated in the Disaster Management and NSS Interaction programme organized by the Tamil Nadu State NSS Community Service Program. The event took place at Sankara College, Enathur, on October 30-31, 2023.

During the programme, the students gained valuable insights into rescue and rehabilitation processes, enhancing their knowledge and skills in disaster management. This interactive session empowered the volunteers to contribute effectively in emergency situations.



Name of the Activity: South zone NSS pre-republic day parade

Agency: Tamil Nadu State NSS

Year of the Activity: 2023

No. of students participated:1

Thiruthangal Nadar College NSS Volunteer Represents at South Zone Pre-Republic Day Parade. Our college's NSS volunteer had the prestigious honor of participating in the South Zone NSS Pre-Republic Day Parade held at Tiruchirappalli from October 30-31, 2023. As part of this esteemed event, our volunteer underwent rigorous training and successfully participated in the Republic Day parade, bringing pride to our institution.



Name of the Activity: National Youth Festival & state level selection

Agency: Tamil Nadu State NSS

Year of the Activity: 2023

No. of students participated: 5

Thiruthangal Nadar College NSS Volunteers Shine at National Youth Festival & State-Level Selection.

Five NSS volunteers from our college participated in the prestigious National Youth Festival and state-level selection held at the Jawaharlal Nehru Indoor Stadium on November 15, 2023.



Name of the Activity: Flood recovery and Rehabilitation in Madhavaram constituency

Agency: Tamil Nadu State NSS

Year of the Activity: 2023

No. of students participated:9

Flood recovery and rehabilitation efforts are crucial in areas like Madhavaram Constituency, which experienced heavy rainfall and flooding after the Puzhal river dam was opened. TNC NSS students played a vital role in distributing essential items to the flood-affected community on December 8, 2023, alongside esteemed dignitaries like Hon'ble Higher Education Minister K. Ponmudi and S.Sudarsanam, MLA, Madhavaram Constituency.



Name of the Activity: Awareness Program on Narcotic Drugs

Agency: Department of Tamil Nadu Law and Order

Year of the Activity: 2023

No. of students participated: 1

On December 13, 2023, the Tamil Nadu Law and Order DGP hosted an awareness program on narcotics drugs at the Chennai DGP office. This program was specifically organized for NSS officers by Shankar Jiwal. Our college's NSS officer, Dr. J. Sampathkumar, participated in the event, which aimed to educate and raise awareness about the dangers of narcotics drugs.



Name of the Activity: Review meeting
Agency:NSS, University of Madras
Year of the Activity: 2023
No. of students participated: 1

Review Meeting for National Welfare Program Officers

A review meeting for National Welfare Program Officers was organized by the Madras University National Welfare Program on December 14, 2023. Dr. J. Sampathkumar, NSS Officer of our college, attended the meeting as our institutional representative.



Name of the Activity: National Adventure Camp
Agency: The Ministry of Youth Welfare and Sports
Year of the Activity: 2023
No. of students participated: 1

Thiruthangal Nadar College is proud to announce that Mr. R. Nachiappan, an NSS student from our institution, has been selected to participate in the prestigious National Adventure Camp. This camp is organized annually by the Ministry of Youth Welfare and Sports, and this year, it was held at the AtalBihari Vajpayee Mountaineering and Associated Sports Institute (ABVIMAS) in Narkanda, Himachal Pradesh.

The 10-day camp took place from December 19-28, 2023, and provided a unique opportunity for our student to develop his adventure skills and interact with peers from across the country. We congratulate Mr. Nachiappan on this achievement and wish him all the best for his future endeavors.



Name of the Activity: Drug Awareness Marathon

Agency: The International Association of Lions Club Tiruvottiyur

Year of the Activity: 2023

No. of students participated: 75

Thiruthangal Nadar College Students Shine in Anti-Drug Awareness Marathon. On December 24, 2023, the International Association of Lions Clubs, Tiruvottiyur, organized a marathon to raise awareness about the ill effects of drugs. Seventy-five students from Thiruthangal Nadar College participated in the event and received the "Maximum Participation Award." Additionally, S. Rajkumar, Asst Physical Director, secured an impressive 5th place in the marathon, bringing pride to the institution.



Name of the Activity: Tamilnadu global investors meet 2024

Agency: Government of Tamilnadu

Year of the Activity: 2024

No. of students participated: 50

Thiruthangal Nadar College NSS Students Contribute to Tamil Nadu Global Investors Meet 2024. The Tamil Nadu Global Investors Meet (TNGIM) 2024, a flagship event of the Government of Tamil Nadu, took place in Chennai on January 7-8, 2024. This prestigious gathering brought together investors, thought leaders, policymakers, and academia to envision a future leadership role for the state in achieving a trillion-dollar economy through sustainable and inclusive growth.

50 NSS students from Thiruthangal Nadar College played a significant role in the event, actively participating in and regulating the proceedings. Their involvement showcased the college's commitment to community service and youth development.



Name of the Activity: Entrepreneurship & Rural development conclave 2024

Agency: Minister of Information and Broadcasting

Year of the Activity: 2024

No. of students participated: 50

IIT Madras, in collaboration with IITM Pravartak and ERDC, hosted a highly successful Entrepreneurship and Rural Development Conclave from January 16th to 18th, 2024, at the IITM Research Park. The event brought together influential stakeholders, including School Principals, Gram Panchayat Heads, and College Principals, and received an overwhelmingly positive response.

A key highlight of the conclave was the collective oath taken by 5000 NSS Volunteers on January 19th, 2024, at IIT Madras, emphasizing the importance of job creation over job seeking through entrepreneurship and rural development. Our college was proud to have 50 NSS students participate in this inspiring event, which aimed to foster a spirit of entrepreneurship and rural development among the youth.



Name of the Activity: GRAMA SABHA MEETING

Agency: Gnayiru Panchayat

Year of the Activity: 2024

No. of students participated: 2

Thiruthangal Nadar College Participates in GramaSabha Meeting. On January 26, 2024, Thiruthangal Nadar College actively participated in the GramaSabha meeting held at GnayiruPanchayat, Sholavaram block, Thiruvallur district.

During the meeting, our representatives engaged in discussions on localized sustainable development goals, identified major problems, and outlined an intervention plan. The college delegation comprised two faculty members and two students.



Name of the Activity: KIDNEY AWARENESS AND SCREENING CAMP

Agency: Gnayiru Panchayat

Year of the Activity: 2024

No. of students participated: 15

On February 25, 2024, Thiruthangal Nadar College, in collaboration with the Tamilnadu Kidney Research Foundation, conducted a Kidney Awareness and Screening Camp in Gnayiru village. This initiative aimed to promote localized sustainable development goals in the adopted village, focusing on health and wellness.

The camp witnessed the participation of 37 villagers, some of whom were identified with kidney-related issues. These individuals were referred to Stanley Hospital for further medical attention.

During the camp, the following health parameters were checked:

- ✓ Weight and height
- ✓ Blood pressure
- ✓ Blood sugar levels
- ✓ Body Mass Index (BMI)

Participants with elevated sugar levels (above 80-120) were advised to consult a doctor for further evaluation.

The event was supported by I BSW students and 10 NSS volunteers, who rendered their services to ensure the camp's success.



Name of the Activity: Mega eye camp and kidney awareness cum screening

Agency: Thirunilai Panchayat

Year of the Activity: 2024

No. of students participated: 100

Mega Eye Camp and Kidney Awareness cum Screening Program

A comprehensive health initiative was organized on February 28, 2024, in Thirunilai Panchayat, benefiting 100 village residents. The program consisted of a Mega Eye Camp conducted by MN Hospital and a Kidney Awareness cum Screening program by Tanker Foundation.

Key Highlights:

- ✓ 25 underprivileged individuals received free spectacles.
- ✓ Villagers with kidney-related issues were referred to Stanley Hospital for further treatment and medical attention.

This collaborative effort aimed to promote community health and well-being, addressing the critical needs of the local population.



Name of the Activity: Awareness program on Sustainable Agriculture

Agency: Thirunilai Panchayat

Year of the Activity: 2024

No. of students participated: 50

Thiruthangal Nadar College Promotes Sustainable Agriculture Awareness.

On February 28, 2024, Thiruthangal Nadar College organized an awareness program on Sustainable Agriculture in Thirunilai Panchayat, Sholavaram Block, Thiruvallur District.

The program featured interactive sessions conducted by students from the Plant Biology and Plant Biotechnology (PBPB) department. Specifically:

- ✓ III PBPB students explained the benefits and practices of organic farming, bio-fertilizers, and bio-pesticides.
- ✓ II PBPB students showcased the importance of natural foods.
- ✓ I PBPB students demonstrated the preparation of natural drinks.

This initiative successfully reached out to farmers, middle school students, and rural residents, promoting sustainable agricultural practices and healthy living.



Name of the Activity: GENERAL MENTAL HEALTH AWARENESS

Agency: Gnayiru Panchayat

Year of the Activity: 2024

No. of students participated: 9

Thiruthangal Nadar College Organizes General Mental Health Awareness Program.

On February 26, 2024, Thiruthangal Nadar College, in collaboration with Aditya Birla Education Trust, conducted a General Mental Health Awareness program for women in Gnayiru Panchayat.

Key Highlights:

- ✓ 100 villagers participated and benefited from the program.
- ✓ Ms. Harini K., a psychologist, delivered an informative session on mental health, addressing the importance of mental well-being.
- ✓ Two sessions were conducted, one in Gnayiru and another in Attapalayam, to cater to a wider audience.
- ✓ The program received an overwhelming response, with villagers requesting treatment and support for their children's mental health.



Name of the Activity: NSS Special Camp

Agency: Thirunilai Panchayat

Year of the Activity: 2024

No. of students participated: 100

NSS 7 day special camp was organized in Thirunilai Panchayat from 26.02.2024 to 03.03.2024. We focused on the sustainable development goals and spread awareness on health, education, and the environment through street play, pamphlets, tree plantations, cleaning the surroundings, spreading mental health awareness, organizing different health camps, and using PRA techniques to know recourses, weaknesses, and strengths of the community. Students had practical learning. 100 NSS volunteers and 3 faculties were actively involved in the camp.



Name of the Activity: Educational visit

Agency: IIT MADRAS

Year of the Activity: 2024

No. of students participated: 28

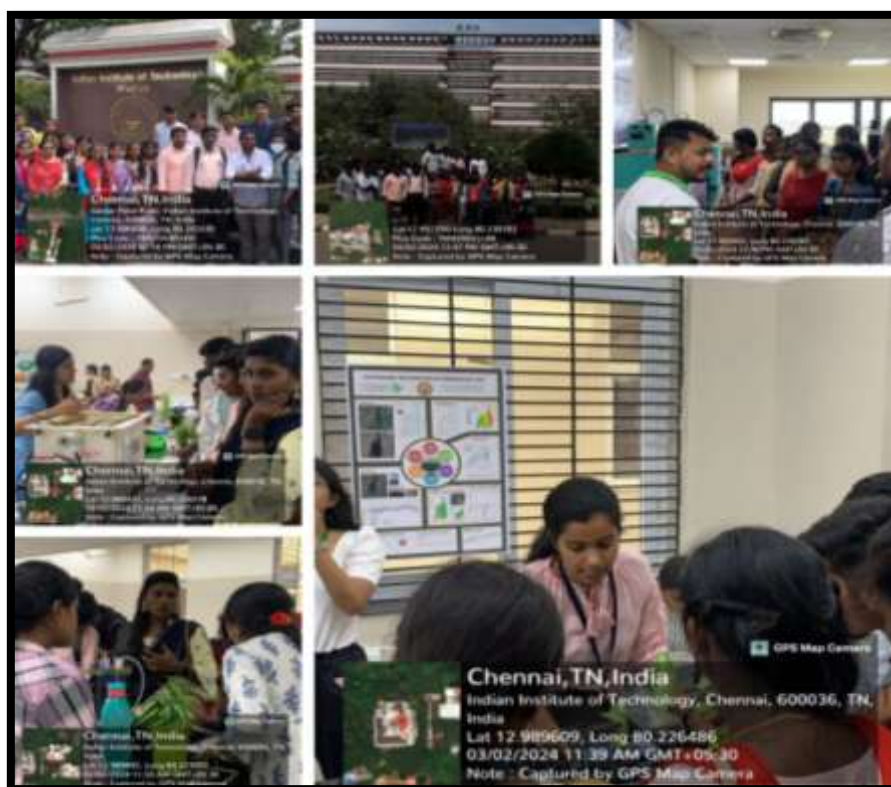
Educational Visit to IIT Madras

The Department of Chemistry at Thiruthangal Nadar College organized an educational visit to IIT Madras on February 3, 2024 (Saturday).

During the visit, 28 students had the opportunity to:

- ✓ Explore the campus and witness the latest scientific innovations
- ✓ Engage with cutting-edge technology and amenities
- ✓ Gain valuable insights into the world of science and research

This visit proved to be a enriching experience for the students, broadening their knowledge and inspiring their curiosity.



Name of the Activity: Election campaign

Agency: Greater Chennai Corporation

Year of the Activity: 2024

No. of students participated: 100

Thiruthangal Nadar College made a significant impact on March 29, 2024, by organizing an election campaign in RK Nagar, in association with the Greater Chennai Corporation. The campaign's theme, "My Vote, My Duty, My Responsibility," resonated with the students and locals alike.

The students took an active role in spreading awareness through a roadshow, distributing pamphlets, and raising slogans. They also went door-to-door, encouraging people to exercise their right to vote. Impressively, 419 students participated in the campaign, demonstrating their commitment to promoting democratic values.

