

Name of the Activity: Flood recovery and Rehabilitation in Madhavaram constituency

Agency: Tamil Nadu State NSS

Year of the Activity: 2023

No. of students participated:9

Flood recovery and rehabilitation efforts are crucial in areas like Madhavaram Constituency, which experienced heavy rainfall and flooding after the Puzhal river dam was opened. TNC NSS students played a vital role in distributing essential items to the flood-affected community on December 8, 2023, alongside esteemed dignitaries like Hon'ble Higher Education Minister K. Ponmudi and S.Sudarsanam, MLA, Madhavaram Constituency.



Name of the Activity: Drug Awareness Marathon

Agency: The International Association of Lions Club Tiruvottiyur

Year of the Activity: 2023

No. of students participated: 75

Thiruthangal Nadar College Students Shine in Anti-Drug Awareness Marathon. On December 24, 2023, the International Association of Lions Clubs, Tiruvottiyur, organized a marathon to raise awareness about the ill effects of drugs. Seventy-five students from Thiruthangal Nadar College participated in the event and received the "Maximum Participation Award." Additionally, S. Rajkumar, Asst Physical Director, secured an impressive 5th place in the marathon, bringing pride to the institution.



Name of the Activity: GRAMA SABHA MEETING

Agency: Gnayiru Panchayat

Year of the Activity: 2024

No. of students participated: 2

Thiruthangal Nadar College Participates in GramaSabha Meeting. On January 26, 2024, Thiruthangal Nadar College actively participated in the GramaSabha meeting held at GnayiruPanchayat, Sholavaram block, Thiruvallur district.

During the meeting, our representatives engaged in discussions on localized sustainable development goals, identified major problems, and outlined an intervention plan. The college delegation comprised two faculty members and two students.



Name of the Activity: KIDNEY AWARENESS AND SCREENING CAMP

Agency: Gnayiru Panchayat

Year of the Activity: 2024

No. of students participated: 15

On February 25, 2024, Thiruthangal Nadar College, in collaboration with the Tamilnadu Kidney Research Foundation, conducted a Kidney Awareness and Screening Camp in Gnayiru village. This initiative aimed to promote localized sustainable development goals in the adopted village, focusing on health and wellness.

The camp witnessed the participation of 37 villagers, some of whom were identified with kidney-related issues. These individuals were referred to Stanley Hospital for further medical attention.

During the camp, the following health parameters were checked:

- ✓ Weight and height
- ✓ Blood pressure
- ✓ Blood sugar levels
- ✓ Body Mass Index (BMI)

Participants with elevated sugar levels (above 80-120) were advised to consult a doctor for further evaluation.

The event was supported by I BSW students and 10 NSS volunteers, who rendered their services to ensure the camp's success.



Name of the Activity: Mega eye camp and kidney awareness cum screening

Agency: Thirunilai Panchayat

Year of the Activity: 2024

No. of students participated: 100

Mega Eye Camp and Kidney Awareness cum Screening Program

A comprehensive health initiative was organized on February 28, 2024, in Thirunilai Panchayat, benefiting 100 village residents. The program consisted of a Mega Eye Camp conducted by MN Hospital and a Kidney Awareness cum Screening program by Tanker Foundation.

Key Highlights:

- ✓ 25 underprivileged individuals received free spectacles.
- ✓ Villagers with kidney-related issues were referred to Stanley Hospital for further treatment and medical attention.

This collaborative effort aimed to promote community health and well-being, addressing the critical needs of the local population.



Name of the Activity: Awareness program on Sustainable Agriculture

Agency: Thirunilai Panchayat

Year of the Activity: 2024

No. of students participated: 50

Thiruthangal Nadar College Promotes Sustainable Agriculture Awareness.

On February 28, 2024, Thiruthangal Nadar College organized an awareness program on Sustainable Agriculture in Thirunilai Panchayat, Sholavaram Block, Thiruvallur District.

The program featured interactive sessions conducted by students from the Plant Biology and Plant Biotechnology (PBPB) department. Specifically:

- ✓ III PBPB students explained the benefits and practices of organic farming, bio-fertilizers, and bio-pesticides.
- ✓ II PBPB students showcased the importance of natural foods.
- ✓ I PBPB students demonstrated the preparation of natural drinks.

This initiative successfully reached out to farmers, middle school students, and rural residents, promoting sustainable agricultural practices and healthy living.



Name of the Activity: General Mental Health Awareness

Agency: Gnayiru Panchayat

Year of the Activity: 2024

No. of students participated: 9

Thiruthangal Nadar College Organizes General Mental Health Awareness Program.

On February 26, 2024, Thiruthangal Nadar College, in collaboration with Aditya Birla Education Trust, conducted a General Mental Health Awareness program for women in Gnayiru Panchayat.

Key Highlights:

- ✓ 100 villagers participated and benefited from the program.
- ✓ Ms. Harini K., a psychologist, delivered an informative session on mental health, addressing the importance of mental well-being.
- ✓ Two sessions were conducted, one in Gnayiru and another in Attapalayam, to cater to a wider audience.
- ✓ The program received an overwhelming response, with villagers requesting treatment and support for their children's mental health.



Name of the Activity: NSS Special Camp

Agency: Thirunilai Panchayat

Year of the Activity: 2024

No. of students participated: 100

NSS 7 day special camp was organized in Thirunilai Panchayat from 26.02.2024 to 03.03.2024. We focused on the sustainable development goals and spread awareness on health, education, and the environment through street play, pamphlets, tree plantations, cleaning the surroundings, spreading mental health awareness, organizing different health camps, and using PRA techniques to know recourses, weaknesses, and strengths of the community. Students had practical learning. 100 NSS volunteers and 3 faculties were actively involved in the camp.



Name of the Activity: Election campaign

Agency: Greater Chennai Corporation

Year of the Activity: 2024

No. of students participated: 100

Thiruthangal Nadar College made a significant impact on March 29, 2024, by organizing an election campaign in RK Nagar, in association with the Greater Chennai Corporation. The campaign's theme, "My Vote, My Duty, My Responsibility," resonated with the students and locals alike.

The students took an active role in spreading awareness through a roadshow, distributing pamphlets, and raising slogans. They also went door-to-door, encouraging people to exercise their right to vote. Impressively, 419 students participated in the campaign, demonstrating their commitment to promoting democratic values.

