



### **Event: Personality Development programme**

Women's Forum – The Queen conducted a Personality Development programme on (27.07.2023) The coordinator of the event was Mrs. Pearlin Synthia A on the topic "Personal Hygiene". The chief guest for the event was Mrs. Renuga Gowri Shankar Thought Leader Million Minds. More than 200 girls from second and third years, all the departments attended and received the gift hampers.



**Personality Development Programme**

### **Event: Kavalan SOS App**

Thiruthangal Nadar College (13/09/23) Women's Forum - The Queen conducted a Awareness Programme On Kavalan SOS App by Mr.JAGAN ANANDHAN Organizing Secretary Police Charity Forum Namakkal at M.G.Erulangudi Nadar E. Valliyammal Auditorium. More than 400 girls from first and Second year participated in this programme. It was very useful and very interactive. Girls came Aware of SOS Kavalan App. That is the Kavalan - SOS app was launched as part of the Tamil Nadu State Police Master control Room initiative. People of Tamil Nadu can use to seek police assistance instantly in emergency situations such as physical emergencies, eve teasing, kidnapping or natural disaster such as floods, earthquake, etc., It created confidence among them. Our sincere thanks for all the co-ordinators of the programme to make it as a grand event.



**Awareness Programme on “Kavalan SOS App**



### Event: Treasure Hunt 2k23

The Queen –Women's Forum conducted an exhilarating adventurous event "Treasure Hunt 2k23" (20/09/2023). Our vibrant women faculty participated in this thrilling, Intellectual event which promises to test their wit, teamwork and problem-solving skills to the max. It's a journey filled with fun, riddles, clues and hidden treasures scattered throughout our beautiful campus. Finally, the treasure was hunted by Mrs.K. Mangai & Mrs. Arockia Joyce. The second prize goes to Mrs.Anita and Ms. P S Lajvanthi. The third prize was bagged by Mrs.K.Saradha Devi and Mrs.S.Jayasudha. . The event turned to be a blaster of fun and we all enjoyed to the core.



Treasure Hunt 2K23

### **Event: Awareness Programme on “Suicide prevention”**

The Queen -Women's Forum conducted an Awareness programme on the topic “Suicide prevention” on 21.09.2023. Objective of this programme is to promote mental health of students by helping them to develop problem-solving skills and encouraging them to self-recognize the need for help as well as how to help peers in need. All first& second-year girl students participated in the awareness programme.

Resource person of the event Mrs. K. Saradha Devi , Head, Department of Social work provided participants with an elaborate Positive coping mechanisms such as problem-solving skills, effective communication skills, and good conflict resolution skills are all essential in lessening the likelihood that a teen exhibiting depressive behaviours will go forth and take their own life. Our Principal Dr.V.Devi delivers a special lecture in this programme to bring awareness about Suicide.



**Awareness on Suicide Prevention**

### Event: TNC Sewing Wing

To instigate entrepreneurship and self-confidence Women's Forum Queen organized (11-1-2024) an inauguration of "TNC SEWING WING for Girls and Staff" by GOW&MANAV SEVA SANKAL P at M.G.Erulangudi Nadar E. Valliyammal Auditorium. In this programme more than 50 girls from Second and third year participated. They are happy to join sewing classes. SDC students also joined and helped to make the event a grand success.



TNC SEWING WING

### **Event: Feminine Hygiene and Personal Excellence**

The Queen- Women's Forum organized an enlightening session on Feminine Hygiene and Personal Excellence for girl students. The session was expertly delivered by Dr. Swathi Praveen, who boasts a diverse range of expertise including dentistry, mental health counselling, psychotherapy, soft skills training, life coaching, career guidance, and training in NIP, POSH, and POCSO.

Approximately 250 girl students had the opportunity to benefit from the session, gaining valuable insights into feminine hygiene and personal excellence. Dr. Swathi Praveen's expertise ensured that the students were well-informed and equipped with essential knowledge for their well-being.

In addition to the informative session, the organizers generously provided hampers to each student, further enhancing the experience and expressing their commitment to the students' welfare.



**Feminine Hygiene and Personal Excellence**

### **Event: International Women's Day Celebration**

The Queen-Women's Forum celebrated International Women's day on 8/3/24. Mrs. R. Amudha and Mrs. S. Akila graced this occasion with their presence.

As a part of the Women's Day celebration, All Teaching and Non- Teaching staffs were honoured with gifts as a token of love. The winners of various competitions conducted in accordance with Women's Day celebration were awarded with prizes. The students and staff had a whale of time.



**Women's Day Celebration Event**