



DATE: 21.06.2023

#### **INTERNATIONAL YOGA DAY**

National Cadet Corps and National Service Scheme Jointly organized "The International Yoga Day" on the theme "Yoga for Health and Humanity", on 21st June 2023 in our College premises. Thiru. M. Selvakumar Vice-President and Thiru. J. Srinivasan Assistant Secretary of Thiruthangal Nadar College were the Special Guests of the day. Master Adithya Hebbar, yoga teacher and therapist was the resource person of the day. Nearly 75 students and 25 faculty members have participated. He demonstrated beneficial daily yoga. He motivated us to practice the yoga daily. He made us to realize yoga helps us to keep our mind and body fit.









DATE: 18.07.2023

#### THE FIRE SERVICE SAFTY - DEMO

On 18.07.2023 Thiruthangal Nadar College National Student Corps (NCC) conducted a firefighting training exercise on this occasion. After that, the secretary Mr. Narayana Murthy & Principal Dr.V. Devi delivered the felicitation address. Later, Mr. R. Suriya Prakash, Assistant District Officer, North Chennai, visited as a special guest and delivered a special address. Fire Department Officer Mr. Devarajan explained how to act during disaster management. Also Fire Department Officers Mr. Munusamy, Mr. Deiva Narayanan, Mr. Thangaraj and other fire crews and deputy principals and professors all participated and honored. The event was presided over by the National Cadet Corps Officer C/T.S. NarendhiraKumar, Mr. Bernard Selvam National Cadet Corps coordinated the event in an excellent manner. This Fire Safety Awareness Programme was designed to educate individuals on the essential principles of fire prevention, safety measures, and emergency protocols. Participants will gain a thorough understanding of fire risks, how to prevent fires in various environments, and how to respond appropriately in case of a fire emergency.









DATE: 05.07.2023

#### PLASTIC AWARENESS RALLY PROGRAMME

Today we have conducted plastic awareness rally by our NCC Cadets from TNC towards Kannadhasan Nagar to Parvathi Nagar. The chief guest Mrs. K. Sharmila Ghandhi, Councilor has started rally by flag with oath taking. Zonal health officers Dr. V. Sai Sudha, Mr. P. Sathish Kumar, Mr. Arivazhagan & Mr. Surya join with us. Thanks to our Principal Dr. V. Devi & Secretary and Correspondent A. Narayana Murthy & Vice Principal for their valuable support. The Plastic Awareness Rally Seminar aims to raise awareness about the environmental impact of plastic pollution and promote sustainable alternatives. The seminar will focus on educating participants about the dangers of excessive plastic usage, its consequences on wildlife and ecosystems, and the importance of adopting eco-friendly practices in everyday life.









DATE: 06.10.2023

#### THE BICYCLE DAY

The Bicycle Day Seminar is designed to celebrate the numerous benefits of cycling while promoting it as an environmentally friendly, healthy, and sustainable mode of transportation. This seminar will focus on encouraging individuals to embrace cycling in their daily routines, while also raising awareness about the positive impact of biking on personal health, urban mobility, and environmental conservation. The "BICYCLE DAY" event organized by the National Cadet Corps today. More than 65 people students came with pedal carts and participated. The event was also graced by College Principal & various department of Heads and Professors.









DATE: 31.10.2023

#### **NATIONAL UNITY DAY**

The National Unity Day Seminar is an event dedicated to celebrating the spirit of unity, harmony, and inclusiveness that strengthens the fabric of a nation. It aims to educate participants on the importance of national integration and highlight the role of each individual in fostering a unified, peaceful, and diverse society. Through thought-provoking discussions, activities, and reflections, this seminar seeks to inspire citizens to embrace unity in diversity. Thiruthangal Nadar College, National Cadet Corps and National Service Scheme jointly celebrated "National Unity Day" and "Kadhi Day". On this occasion, Principal Dr. V. Devi recited the pledge and all took the pledge. Vice Principal K.C Lalithambika also spoke about national unity. A short film on Sardar "Vallabhbhai Patel" was also screened for students to deliver their thought and expression









DATE: 31.10.2023

#### **KADHIDAY**

Today in our Thiruthangal Nadar College, National Cadet Corps and National Service Scheme jointly celebrated "National Unity Day" and "Kadhi Day". On this occasion, Principal Dr. V. Devi recited the pledge and all took the pledge. Vice Principal Dr. K.C. Lalithambika also shared about importance of national unity. A short film on Sardar "Vallabhbhai Patel" was also screened for students to deliver their expressions. National Cadet Corps Officer Mr. S.Narendhirakumar, Mr. P. Selvam and National Service Scheme Coordinators Dr. Jo. Sampathkumar, Prof. A. Christabel, Secretary of Thiruthangal Nadar College, Executive Members, Principal of the College We express our sincere gratitude to them, the Vice Principal, Heads of Departments, Professors, National Student Corps students and National Welfare Project students.









DATE: 03.11.2023

#### **VIGILANCE AWARENESS PROGRAMME**

The Vigilance Awareness programme is designed to promote awareness about the importance of vigilance in preventing corruption, ensuring transparency, and fostering ethical behavior in various sectors of society. This event will educate individuals on the significance of integrity, accountability, and active participation in creating a fair and just environment in both public and private institutions. To Understanding Vigilance and Its Importance: An overview of vigilance, including its role in detecting, preventing, and addressing corruption and unethical practices. The seminar will highlight the need for continuous vigilance in both personal and professional environments. Ethics and Integrity in Daily Life: Exploring how individuals can uphold ethical standards in their everyday lives, whether in business, government, or personal conduct. Emphasis will be placed on the importance of honesty, fairness, and responsibility in fostering a positive societal culture.











DATE: 14.02.2024

#### ROAD SAFETY AWARENESS RALLY

14.02.2024, the "Road Safety Awareness" program was successfully conducted in our college along with Police officer Mr. Purushothaman, Mr. Ragupathi, Mr. Kumar and 1(TN) Armd sqn Ncc unit Mr. Jayakumar. Dr. V. Devi, the Principal of the college flagged off the inauguration and the Cadets students created awareness among the people. On behalf of NCC Officers and NSS Officers, I would like to express my gratitude to the Secretary of the College, Principal, and all the Management Members for giving us such an opportunity. The Road Safety Awareness Rally is an initiative aimed at promoting safe driving habits and raising awareness about the importance of road safety for all road users. This event brings together individuals, communities, and organizations to highlight the critical need for adherence to traffic rules, prevention of accidents, and the importance of responsible behavior on the road





